

# A

I have tended to be fairly independent and assertive; I've felt that life works best when you meet it head-on. I set my own goals, get involved, and want to make things happen. I don't like sitting around—I want to achieve something big and have an impact. I don't necessarily seek confrontations, but I don't let people push me around, either. Most of the time I know what I want, and I go for it. I tend to work hard and play hard.

# B

I have tended to be quiet and am used to being on my own. I don't usually draw much attention to myself socially, and it's generally unusual for me to assert myself all that forcefully. I don't feel comfortable taking the lead or being as competitive as others. Many would probably say that I'm something of a dreamer—a lot of my excitement goes on in my imagination. I can be quite content without feeling I have to be active all the time.

# C

I have tended to be extremely responsible and dedicated. I feel terrible if I don't keep my commitments and do what's expected of me. I want people to know that I'm there for them and that I'll do what I believe is best for them. I've often made great personal sacrifices for the sake of others, whether they know it or not. I often don't take adequate care of myself—I do the work that needs to be done and relax (and do what I really want) if there's time left.

# X

I am a person who usually maintains a positive outlook and feels that things will work out for the best. I can usually find something to be enthusiastic about and different ways to occupy my time. I like being around people and helping others to be happy—I enjoy sharing my own well-being with them. (I don't always feel great, but I try not to show it to anyone!) However, staying positive has sometimes meant that I've put off dealing with my own problems for too long.

# Y

I am a person who has strong feelings about things—most people can tell when I'm unhappy about something. I can be guarded with people, but I'm more sensitive than I let on. I want to know where I stand with others and who and what I can count on—it's pretty clear to most people where they stand with me. When I'm upset about something, I want others to respond and to get as worked up as I am. I know the rules, but I don't want people telling me what to do. I want to decide myself.

# Z

I tend to be self-controlled and logical—I am uncomfortable dealing with feelings. I am efficient—even perfectionistic—and prefer working on my own. When there are problems or personal conflicts, I try not to bring my feelings into the situation. Some say I'm too cool and detached, but I don't want my emotional reactions to distract me from what's really important to me. I usually don't show my reactions when others "get to me."

AX

7

**The Enthusiast**

Upbeat,  
accomplished,  
impulsive

AY

8

**The Challenger**  
Self-confident,  
decisive, domineering

AZ

3

**The Achiever**  
Adaptable, ambitious,  
image-conscious

BX

9

**The Peacemaker**  
Receptive, reassuring,  
complacent

BY

4

**The Individualist**  
Intuitive, aesthetic,  
self-absorbed

BZ

5

**The Investigator**  
Perceptive, innovative,  
detached

LX

2

**The Helper**  
Caring, generous,  
possessive

LY

6

**The Loyalist**  
Engaging,  
responsible, defensive

LZ

1

**The Reformer**  
Rational, principled,  
self-controlled