

# Playing Big

with Tara Mohr

## Six Criteria of a Playing Big “Leap”

- \_\_\_ It gets you playing bigger now, according to what playing bigger means to you.
- \_\_\_ It can be started and finished within 1-2 weeks.
- \_\_\_ It is simple, an action that you could describe in a short phrase.
- \_\_\_ It gets your adrenaline flowing.
- \_\_\_ It puts you and your work in contact with those you want to reach or influence.
- \_\_\_ It has, at its center, a learning goal – a question that you can answer through what you learn doing the leap.

For more, visit [taramohr.com](http://taramohr.com) or see the book, *Playing Big: Practical Wisdom for Women Who Want to Speak Up, Create, and Lead* (Penguin Random House).